

# FernUni Lunch Menu

Week 4: 20.01.2025 – 24.01.2025

**Weekly Special:** Potato Rösti Topped with Chicken Breast, Sauteed Spinach, Gouda Cheese Crust & Hollandaise Sauce + 1 Side

**Vegetarian Weekly Special:** Potato Rösti Topped with Veggie Patty, Sauteed Spinach, Gouda Cheese Crust & Hollandaise Sauce + 1 Side

## Monday

**Meal 1:** Hot Salsa Chicken Breast with Potato Rösti & Spicy Vegetables + 1 Side

**Meal 2:** Nuremberg Bratwurst Sausage with Gravy, Sauerkraut & Mashed Potatoes + 1 Side

**Vegetarian Option:** Creamed Sweetheart Cabbage with Herb Potatoes & Veggie Schnitzel + 2 Sides

**Vegan Option:** Oriental-Style Ravioli in Spicy Tomato Sauce + 2 Sides

## Tuesday

**Meal 1:** Breaded Turkey Breast with Bearnaise Sauce, Sugar Snap Peas & Potato Croquettes + 1 Side

**Meal 2:** Beef Bolognese with Buttered Noodles + 2 Sides

**Vegetarian Option:** Pizza Topped with Vegetables, Spinach & Tomato Sauce + 2 Sides

**Vegan Option:** Lentil & Chickpea Curry with Rice + 2 Sides

## Wednesday

**Meal 1:** Mediterranean-Style Beef Stir-Fry with Veggie Rice + 2 Sides

**Meal 2:** Swiss Chard with Potato Cubes & Mettwurst Sausage + 1 Side

**Vegetarian Option:** Breaded Cauliflower with Remoulade & French Fries + 2 Sides

**Vegan Option:** Organic Noodle Stir-Fry with Grilled Vegetables & Tomato Pesto + 2 Sides

## Thursday

**Meal 1:** Breaded Pork Chop with Butter-Sauteed Brussels Sprouts, Boiled Potatoes & Sauce + 1 Side

**Meal 2:** Marinated Chicken Thigh with Spicy Sauce & Turmeric Rice + 2 Sides

**Vegetarian Option:** Ricotta & Spinach Tortellini with Paprika Sauce & Marinated Mozzarella + 2 Sides

**Vegan Option:** Carrots with Veggie Balls + 2 Sides

## Friday

**Meal 1:** Hake in Breadcrumbs or Egg with Parsley Potatoes & Mustard Sauce or Herb Sauce + 2 Sides

**Meal 2:** Lentil Soup with Hearty Garnish & Mettwurst Sausage, Served with a Bread Roll + 1 Side

**Vegetarian Option:** Spanish Tortilla with Olives, Onions, Bell Peppers, Egg, Potatoes & Cheese Crust, Served with Herb Sour Cream + 2 Sides

**Vegan Option:** Beet Fritters with Roasted Potatoes & Herb Hummus + 2 Sides